

NEWS RELEASE

FOR IMMEDIATE RELEASE: JUNE 30, 2015

Now in Release, “Spirit Talk – a Book of Days” Guides Its Readers through a 12-Month Journey of Interpersonal Transformation, Harmonizing the Ancient Wisdom of the Medicine Wheel with Personal and Sacred Earth Cycles

Tulsa, Oklahoma (PRWEB) 30, June, 2015 – Author, Minisa Crumbo Halsey today announced release of a revolutionary daily guide for personal healing and transformation, entitled *SPIRIT TALK – A BOOK OF DAYS*. Published by Tate Publishing, is now available through national outlets including Amazon and Barnes & Noble.

Advance Reviews

“A life-changing resource for healing and transformation” –D Malmos

“Spirit swirls off the page through drawings and words - truly a gift of heart, mind, body and of course, SPIRIT” – Julia Taus

*“A new vision of healing for our time - authentic and powerful teachings passed down from the ancients”
– Debbye Scroggins, Editor*

“Crumbo’s guides us along a practice of integrating sacred earth-cycles to find wholeness and empowerment.”

Urgent and timely, “Spirit Talk” reminds us that we are sacred beings who are made whole when we are in harmony and balance with the Creator. Revealing the ancient wisdom of the Medicine Wheel, Crumbo offers a way of integrating personal experiences to create a personal 'book of days.' In harmony with sacred earth-cycles, the reader is guided to create a personal, vibrant, and enduring resource that offers a path to inner freedom, happiness, and renewal.

Minisa Crumbo says, “A balanced and harmonious relationship with the Creator serves to put an end to painful perceptions of separation with the self and, most importantly, the Creator. We no longer sit alone but are alive and active in a living world. The old people say, ‘It’s not whether you will do it, but whether you will remember to do it.’ Spirit Talk helps us remember and to do in a good way.”

Author, artisan and craftsperson, Minisa Crumbo, Citizen band and Muscogee, was born in the black-jack hills of northeast Oklahoma. With a rich history, steeped in traditional Native American practice of sacred ceremony, Minisa facilitates and presents teachings on traditional women’s ways, sharing authentic tradition passed down by her ancestors as proven and worthy tools for life-changing transformation... “that we might truly be alive in a living world.”

###

Information Contact:

Minisa Crumbo Halsey
3325 So. Norwood Ave., Suite 100
Tulsa, Oklahoma 74135
Phone: (918) 628-0400
Email: minisacrumbo@aol.com

For additional information, schedule of book
signings, or to purchase "Spirit Talk"
Visit: www.minisacrumbo.com

